



# BASIC PHYSICAL DEFENSE INSTRUCTOR CERTIFICATION



Upon successful completion, participants will be certified to teach the R.A.D. Systems Basic Physical Defense for Women. **This intense, 3 day Instructor Program** is a cost effective way to offer this consistently structured, proactive self-defense program to women in your community. This is the most comprehensive program of its kind, and now your agency can utilize its basic, tailored format as part of its overall crime prevention / community policing package. Our instructor program is dynamic in every way, and will challenge every participant. This course is taught in a relaxed environment, that is conducive to learning tested instructional techniques, proven tactics and unique insights about the problem of violence against women. Our program also includes physical defense workouts for technique development and an evening exercise that is designed to simulate confrontational circumstances. From awareness and risk reduction, to physical skills development this program covers it ALL!! Registration includes an Instructor Curriculum with Participant Manual to copy and Instructor Certificate. Female/Male teams are highly recommended. **Tuition for this program is \$550.00.** To enroll in this program, please complete this registration and submit it to:

**The University of Tennessee Police Department  
1101 Cumberland Avenue  
Knoxville, TN 37996**

**Contact: Deputy Chief Emily Simerly at [emilym@utk.edu](mailto:emilym@utk.edu)**

**865-974-4072 (Fax) or 865-974-0163 (Office)**

**You will receive a confirmation letter after your registration form is received.**

Enrollment is limited, so please act now! Payment is due before the start of the program.  
Once registration is received and confirmed, you will be sent additional information prior to the start of the class.  
Payments must be made out to **The University of Tennessee**. We are unable to accept credit card payments.

**August 11-13, 2025**

Sponsored By: **The University of TN Police Department**

Name: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_  
Address: \_\_\_\_\_ LEO \_\_\_\_\_ Qualified Specialist \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Email: \_\_\_\_\_ Department/Organization: \_\_\_\_\_  
Daytime Phone: \_\_\_\_\_ Fax Number: \_\_\_\_\_

IACLEA Member: Yes \_\_\_\_\_ No \_\_\_\_\_

**Deadline to register is July 3rd, 2025**

Male registrants who are not currently in law enforcement or active military service will be required to have a background check performed by R.A.D. Systems prior to being accepted into this program. Contact the R.A.D. Systems International Headquarters for more information. A \$50.00 discount is available to members of IACLEA, but confirmation of membership is required at the time of registration. A 10% discount is available to agencies that register three or more participants; however, all must attend. Cancellations are subject to a 20% processing charge. Male substitutions are not permitted for female registrants. Refunds will not be permitted for cancellations made within three weeks of the program start. Thank you.