

BASIC PHYSICAL DEFENSE INSTRUCTOR CERTIFICATION

Participants may be certified to teach the R.A.D. System of Basic Physical Defense. This intense, 3 day, 30 hour Instructor Program is a cost effective way to obtain your own Self-Defense Instructor(s), and offer this consistently structured, time tested, proactive program to the women in your community. This is a most comprehensive program and the only one of its kind, and now your agency can utilize its basic, tailored format as an addition to your present crime prevention offering. This course is taught in a relaxed environment, that is conducive to learning tested instructional techniques, proven tactics and unique insights about the problem of violence against women. Our program also includes physical defense workouts for technique development, and an evening exercise that is designed to simulate confrontational circumstances. From awareness and risk reduction to simulation training suits, this program covers all the basics. **Tuition for this program is \$650.00.** To enroll please complete the registration form below and email, or fax, to:

Kennesaw State University Police Department
ATTN: Heather Tucker
Kennesaw, GA 30144

Heather Tucker

State Director of Georgia

Email registration forms to

hpackar2@kennesaw.edu

FAX REGISTRATION: 470-578-9003

Please call Heather Tucker @ 470-578-6396 to reserve your position in the program or if you have any questions. Enrollment is limited, so please act now! Once registration is received, you will be sent location and lodging information.



NAME: _____

ADDRESS: _____

DEPT./ORGANIZATION: _____

DAY PHONE: _____ FAX: _____

MALE: ____ FEMALE: ____

Payment may be rendered via check or payment portal
(provided upon registration)

Exclusively endorsed by the International Association of Campus Law Enforcement Administrators (IACLEA), the National Self-Defense Institute, RedMan Training Gear, and the National Academy of Self Defense Education.

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\$50 Discount for
IACLEA Members:

(Please provide proof of
membership)

Effingham County
Sheriff's Office,
Springfield, GA

February 16-18, 2026

Program Instructors:

Instructor Trainer

Heather Tucker

& R.A.D. Instructors

A 10% discount is available to agencies that register three or more participants. However, all must attend. Payment is due on or before the start of class. Cancellations are subject to a 20% processing charge from the intended tuition. Refunds will not be permitted for cancellations made within one week of the program start. However, credit will be made toward another R.A.D. System Instructor's Program. If the program is cancelled, a full refund of tuition will be given. Male substitutions are not permitted for female registrants. Thank you.